Connecticut’s Area Agencies on Aging

Planning, Implementing and Evaluating Services for Older Adults
The five Area Agencies on Aging (AAAs) in CT are private, not-for-profit corporations established in CT in 1974 to provide leadership and resources to meet the needs of the rapidly growing elderly population. The CT Association of Area Agencies on Aging (C4A) is a professional affiliation comprised of all five AAAs.
Regional Contacts

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Core Programs

- CHOICES Program/Senior Medicare Patrol
- Statewide Alzheimer’s Respite Care Program
- OAA/Title III Grant Allocations
- Community and Home Delivered Meal Programs
- National Family Caregiver Program
- Money Follows the Person
- Aging & Disability Resource Centers
- Congregate Housing Services Program (WCAA & SR)
- Retired Senior Volunteer Program (AAASC)
- Veteran’s Directed Home & Community Services
- CT Home Care Program for Elders (SWCAA, WCAA and AASCC only)
Opportunities

- Respected Agencies with strong ties to the community
- Consistently receive accolades from the federal oversight agencies (ACL, HHS, CMS)
- A wealth of knowledge and resources that help build the capacity within the community
- Provide access to services for clients, family caregivers, organizations, elected officials
- Extremely cost effective, nonprofit organizations
Challenges

- Sequestration
  - Reduction of funds available in the community
  - Reduction in nutrition $ means a reduction in meals
- Growing Senior Population
  - CT’s 65+ population is 14.2% versus 13% nationally
  - 26.9% of CT’s population are boomers (1946-1964)
  - The population age 85+ will DOUBLE over the next 15 years
- Limited Resources (financial and human)
- Contracting Cycles – we do not receive final funds until mid way through the fiscal year
CHOICES

- The State’s go-to 800 number for all things Medicare
- Approximately $1 million in State and federal funds to operate the CHOICES and SMP program
- 10,000 contacts for health insurance alone!
- Over 300 community educational presentations
- Over 200 community counselors
- Over 100 volunteers
Helping Elders Maintain Independence!

- Serve 100,000 older adults each year
- Helps push $80 million dollars in services out to the community from the Older Americans Act and State and Medicaid funded waiver services
- Helps caregivers navigate State and federal systems to support their loved one’s independence.
- Assisting the State’s rebalancing efforts by providing cost-effective, community-based alternatives to institutional care