

C4A *Connecticut Association of Area Agencies on Aging*

presents

MENTAL HEALTH AND AGING: FOURTH ANNUAL STATEWIDE CONFERENCE

Wednesday, October 21, 2009

8 a.m. to 3:00 p.m.

CT Legislative Office Building • Hartford, Connecticut

with financial support from



Thank you to our Program Book Sponsors:

- Apex Pharmacy
- Buckingham Estates Assisted Living Facility
- The Center for Geriatric and Family Psychiatry, Inc.
- The Day Club Adult Day Center & HomeCare Connection
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- The Kennedy Center
- Laurel Gardens of Glastonbury
- Maxim Mobility
- National Alliance for the Mentally Ill (NAMI)
- The Retreat
- Rushford Center
- Spring Meadows
- Tower One Tower East

Funding for this conference was provided in part by the Older Americans Act under an agreement with the State Unit on Aging, the Connecticut Department of Social Services, Bureau of Aging, Community, and Social Work Services.

Directions to Legislative Office Building (LOB), 300 Capitol Avenue, Hartford CT:

From I-84 East, take exit 48 (Capitol Avenue); stay in right lane, turn right onto Capitol Avenue. Take first right between the LOB and the Armory; proceed to back of garage and enter.

From I-84 West, take exit 48 (Asylum Street); turn right onto Asylum Street. At YWCA, turn left onto Broad Street, go through two traffic lights, left into access road in front of the Armory and left again; proceed to back of garage and enter.

Park on first level of garage (do not use reserved spaces), or park at the direction of the Capitol Police in the garage, or on the street in the area. Take walkway across to the LOB. Cafeteria is on the first floor, Opening Remarks in 2C on the second floor.

*C4A has applied for Continuing Education Credit hours from the National Association of Social Workers, CT Chapter, which will meet the continuing education criteria for Social Work Licensure renewal.
Participants may be eligible for 3 or 4 CECs, depending on the number of workshops attended.*

C4A has also applied for professional credits for Substance Abuse Counselors from the CT Certification Board (CCB).

**Mental Health and Aging:
Fourth Annual Statewide Conference**

NOTE: The LOB staff asks us to remind you that all food and beverages must be consumed in the cafeteria; they may not be taken into any of the meeting rooms.

- 8:00 – 8:45** Registration and continental breakfast (vouchers provided)
- 9:00 – 9:30** Welcoming Remarks in Room 2C
Penelope L. Young
President, C4A

Pat Rehmer,
Deputy Commissioner,
CT Department of
Mental Health and Addiction Services

Michael P. Starkowski
Commissioner,
CT Department of Social Services

BREAK

- 9:45 – 1:15** Workshops A, B, and C (choose two **OR** three) and/or Lunch*

***NOTE:** Three workshops sessions are offered; 1 CEC is offered for each workshop. Participants may choose **two** workshops and lunch, or **three** workshops in lieu of taking a lunch break. Most workshops are repeated twice. Lunch vouchers may be used any time between 11 a.m. and 1:15 p.m.

- 9:45 – 10:45** Workshops A

BREAK

- 11:00 – 12:00** Workshops B (or Lunch)

BREAK

- 12:15 – 1:15** Workshops C (or Lunch)

BREAK

- 1:30 – 2:45** KEYNOTE

Mirror, Mirror on the Wall: What is Aging After All? Creative Capacity and Psychological Growth in the Second Half of Life; Positive Brain & Behavior Changes that Occur Because of Aging, Not Despite It

Gene Cohen, MD, PhD
Director, Center on Aging, Health and Humanities
at George Washington University

- 2:45 - 3:00** Wrap-Up, Collect Certificates of Attendance and CECs

Workshops A, B, and C

(choose two **OR** three)

- 1. PTSD in Late Life: A Review (Sessions A and B) –**
Drs. Rajesh Tampi and Rehan Assiz, Yale University
- 2. Partnerships to Improve the Quality of Life for Older Adults: Depression, Detection, Referral and Engagement in Care (Sessions A and B) –**
Dr. Joanne Sirey and Research Coordinator Timothy Clark, Weill Cornell Medical College
- 3. Senior Depression Screening – the Woodbury-Oxford Experience (Session B only) –**
Neal Lustig, Director, Pomperaug District Department of Health
- 4. Hoarding in Late Life: A Review (Session C only) –**
Drs. Rajesh Tampi and Javier Lopez, Yale University
- 5. Gambling, The Senior Dilemma: When Recreation Turns into Devastation (Sessions A and C) –**
Carlos Reinoso, Jr. and Michelle McBride, CT Council on Problem Gambling
- 6. Elder Abuse in Connecticut: Resources for Professionals, Families and Victims (Sessions A and B) –**
Julia Ramia, Elder Response Team at the Umbrella, Ansonia; Laura Snow, Institute on Aging and Center for Elder Abuse Prevention, Jewish Home for the Elderly; Shelley O'Brien from Protective Services for the Elderly
- 7. State of CT Mental Health Waiver (Session C only) –**
Megan Goodfield, CT Department of Mental Health and Addiction Services
- 8. Older Adult Veterans and Suicide (Sessions B and C) –**
Sofia Quijano, CT Veterans Administration, West Haven
- 9. Mental Health Needs of Our Aging Veterans: How to Be Positively Silver! (Session A only) –**
Mary Sperrazza, John Remmele and Donna Vogel from the West Haven VA, with Melissa Morton, CT Department of Social Services
- 10. Intensive Outpatient Treatment Program (Session A only) –**
Ludi Pappas and Aniela Salamacha, Adult Intensive Outpatient Program, Sharon Hospital

Mental Health and Aging: Fourth Annual Conference

REGISTRATION FORM (PRE-REGISTRATION IS REQUIRED)

Registration is **\$65 per person, due by October 16, 2009.**

Registration includes vouchers for breakfast and lunch in the Legislative Office Building cafeteria.

Name _____ Title _____

Agency _____

Address _____ Town, State, Zip _____

Phone _____ Email _____

Choose 2 workshops and lunch OR 3 workshops (#1 - 9) - lunch is available between 11 and 1:15

Workshop A (9:45) # _____ **Workshop B** (11:00) # _____ **Workshop C** (12:15) # _____

Register online at www.seniorresourcesec.org, click on "Conference Registration". Or return with check made payable to "CT Association of Agencies on Aging" **no later than October 16.**

Mail to: Senior Resources: Attention: Laura Crews, 4 Broadway, 3rd floor, Norwich CT 06360

THANK YOU! We look forward to seeing you!